



For Quick Reference

City of North Vancouver
604.983.7333 | www.cnv.org
Engineering Parks & Environment

District of North Vancouver Parks
604.990.3800 | www.dnv.org

North Vancouver Recreation Commission
604.987.7529 *General Information*
604.983.6318 *For sport field bookings in City and District Parks*

Special Events
604.983.6575 *For special events in City and District Parks*

Cates Park /Whey-ah-Wichen Boat Launch
604.990.3800 *Gallant Ave Wharf Moorage - DNV Parks*

Lynn Canyon Ecology Centre
604.990.3755 | www.dnv.org/ecology | 3663 Park Road

Maplewood Farm
604.929.5610 | www.maplewoodfarm.bc.ca
405 Seymour River Place

Northlands and Murdo Frazer Golf Courses
604.924.2950 | www.golfnorthlands.com

Metro Vancouver Parks
604.432.6200 | www.metrovancouver.org

BC Provincial Parks
604.924.2200 | www.env.gov.bc.ca



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Waterfront Parks

CATES PARK / WHEY-AH-WICHEN PARK (19)
North Vancouver's largest waterfront park offers a 6km waterfront trail, winding past sandy beaches and coastal rainforest; large picnic areas, tennis courts, playgrounds, kayak rentals, boat launch with dock, washrooms, picnic shelter, concession stand and beach swimming (with lifeguards) during summer months. This park is co-managed by the Tsleil-Waututh Nation and the District of North Vancouver. Whey-ah-Wichen is a Tsleil-Waututh word that means "faces the wind".

DEEP COVE / PANORAMA PARK (16)
Located in quaint Deep Cove Village, this waterfront park offers spectacular views of Indian Arm and the North Shore mountains; as well as beaches, playgrounds, picnic shelters, BBQ's, a waterfront trail, swimming, kayak/canoe rentals, change rooms and washrooms.

WATERFRONT PARK (C8)
A large, open waterfront park offering waterfront access, a playground, picnic areas, and views of Vancouver's skyline, Stanley Park and Lions Gate Bridge. Throughout the year, Waterfront Park is venue to a number of exciting special events and festivals, including the Wild Lights Summer Solstice Festival, the Annual Clam Chowder Cook-off and Boat Building Contest, Caribbean Festival, Canada Day Celebrations, Carol Ships Festival and numerous car shows.

WATERFRONT CORRIDORS AND VIEWS
Smaller waterfront parks and access points dot the North Vancouver shoreline, providing unique views of the downtown skyline, industrial waterfront, and mountain backdrop. Check out Lowry Lane, Kings Mills Walk, and Strathcona Park to name a few idyllic spots.

BURRARD DRY DOCK (C8)
Standing as a tribute to the City of North Vancouver's shipbuilding history and rich marine heritage, the shipyards and the Burrard Dry Dock pier, a 700-foot long pier and waterfront walk, offer spectacular 360-degree views of Vancouver's skyline and the North Shore mountains.

BOATING
Small boat and kayak launching facilities are located at Cates Park/Whey-ah-Wichen and Deep Cove Park, where fees may apply. For more information and launching fees, contact DNV Parks at 604.990.3800. Lowry Park, Strathcona Park, Strathcona Wharf, Sunshine Wharf and Woodlands Wharf also provide opportunities to launch small boats.

Small boat moorage, maximum three hours, is available at Gold-worthy Pier in Waterfront Park, and at the shipyard's St. Roch Dock.

Play

PLAYGROUNDS
Whether you're age 6, 60, or somewhere in-between, you'll have fun in North Vancouver's 65 playgrounds. The most popular community playgrounds include Cates, Mosquito Creek, St. Andrews, Myrtle, Princess, and Parkgate Parks, to name a few. Many parks also offer picnic tables and seating.

SPRAY PARKS
All bursting with activity from May to September, spray parks can be found at Eldon, Kilmer, Myrtle and Viewlynn Parks. Mahon Park is the largest spray park, offering over 20 water play pieces to enjoy.

SKATEBOARDING
Whether street style or bowl skating, there's something for every interest and ability at Kirkstone, Seylynn, William Griffin, Parkgate and City Skate parks.

MULTI-PURPOSE COURTS, LACROSSE AND TENNIS
For the avid hockey, tennis, or lacrosse players, check out the map for locations to enjoy your sport. With over 40 hard-surfaced courts, there's a wide variety to choose from.

BIKE PARKS
Working in partnership with user groups, bikers can enjoy the dirt bike parks at Inter River and Myrtle parks.

Sport

North Vancouver parks are popular with sports field users, and offer a wide range of grass, artificial turf, and all-weather surfaces. Artificial turf fields for soccer, football and field hockey can be found at Confederation, Sutherland, and William Griffin Parks.

For sports field and artificial turf field bookings, contact the North Vancouver Recreation Commission at 604.983.6318.

Ravine / Nature Trails

BADEN POWELL TRAIL
This scenic and popular 42km trail traverses east-west from Deep Cove in North Vancouver, to Horseshoe Bay in West Vancouver. The trail can be accessed from several points in North Vancouver, including the base of Grouse Mountain Resort, Lynn Canyon Park, Lower Seymour Conservation Area, Mt. Seymour Provincial Park, and Panorama Park. The trail is well marked with orange trail-markers and regular signs indicating distance and direction.

TRANSCANADA TRAIL
The TransCanada Trail is a shared-use recreation trail that winds through all Canadian provinces. One of the longest trails of its kind, a section winds through scenic North Vancouver. Check the map for route. For further information, check the web site of the Trails Society of BC at www.tctrail.ca.

HEYWOOD PARK (E6)
Extending from Marine Drive to the Upper Levels Highway, this trail system follows MacKay Creek and passes through coastal rainforest, a natural floodplain, open lawn area, a playground and past all-weather sports fields.

LYNN CANYON PARK (C7)-(H4)
With 250 hectares of west-coast rainforest, scenic canyons, pools and creeks to explore, as well as the Ecology Centre and famous Lynn Canyon Suspension Bridge, this park is popular with both residents and visitors alike. The rugged hiking trails, which vary in length and expertise, are linked to Metro Vancouver's Lynn Headwaters Park and Lower Seymour Conservation Area. Park rangers are on-hand during the summer months to provide more information on this truly west-coast experience. After exploring Lynn Canyon Park, a snack at the Lynn Canyon Café, open year round, will be just the thing to round out your visit.

MAHON PARK (C6)-(C7)
Established in 1914, Mahon Park has winding trails that traverse along the banks of both Wagg Creek and Mission Creek, as well as passing by the large upland sports area, complete with sports fields, gravel running track, playground, spray park and a lighted baseball diamond and grandstand.

MAPLEWOOD CONSERVATION AREA (18)
This 35-hectare salt marsh, with over 5km of wheelchair-accessible trails, is of prime importance for fish and wildlife habitat, and is home to over 200 species of birds.

The development of this conservation area was a joint project between the Vancouver Port Corporation, Environment Canada, Wild Bird Trust of BC and the District of North Vancouver. For information, call the Wild Bird Trust 604.924.2581.

MOSQUITO CREEK PARK TRAIL (C3)-(C7)
Winding along the forested, western bank of Mosquito Creek, this trail system extends from Marine Drive up to Mosquito Creek and William Griffin parks, and north along Del Rio Drive to Montroyal Boulevard. This trail is leash-optional (off leash, but under control) for dogs.

MOUNTAIN TRAILS AT FROMME AND SEYMOUR
With stunning views and challenging terrain, mountain trails continue to grow in popularity with hikers, mountain bikers and naturalists. For further information on mountain biking, check out the North Shore Mountain Bike Association web site (www.nsmba.bc.ca). Please note, unauthorized trail construction is **not** permitted.

SEA-TO-SKY TRAIL — LYNN CREEK
The Sea-to-Sky Trail follows Lynn Creek with a waterfront staging area at Harbour View Park, and winds along roadways north to Lynnmouth, Bridgman and Seylynn parks to connect to Inter River and Lynn Canyon parks.



Year Round Attractions

Throughout the year there is a multitude of opportunities to get out and enjoy North Vancouver's parks.

LYNN CANYON ECOLOGY CENTRE (H5)
Located in Lynn Canyon Park, the Ecology Centre makes learning fun for the budding young naturalist, with interactive displays, films and programs, and guided walks by experienced staff and volunteers. Free admission. Open weekdays: 10:00 AM – 5:00 PM; weekends/holidays (June – Sept): 10:00 AM – 5:00 PM and weekends/holidays (Oct – May): 12:00 PM – 4:00 PM; closed Christmas Day, Boxing Day and New Year's Day. Phone: 604.990.3755.

MAPLEWOOD FARM (H8)
Recognized in 2000 as a Millennium Heritage site, one of twelve such North Shore locations honoured for their importance to historical, natural and cultural significance, Maplewood Farm is situated on agricultural land dating back to the early 1900s. A thriving dairy farm in the 1920s, this two-hectare visiting farm opened to the public as a District of North Vancouver park in 1975 and is now home to more than 200 domestic animals and birds. Visitors can enjoy seasonal pony rides, a daily milking demonstration, special seasonal events, and a great gift shop. Popular contact areas are Goathill where the goat kids and their moms play, and Rabbitat where the bunnies live. An educational and enjoyable destination for children and adults alike who want to rekindle the spirit of the North Shore's rural heritage and get up close and personal with story book characters. Admission charges apply. Open 10:00 AM – 4:00 PM daily (September through March closed Mondays). Phone: 604.929.5610.

Stewardship

Stewardship is a satisfying, rewarding and meaningful way to contribute to our community. A wide variety of stewardship opportunities are available:

MAHON PARK STEWARDS
An award-winning volunteer group active in the protection and enhancement of Mahon Park; supported by cnv and Evergreen.

NORTH SHORE STREAMKEEPERS
Streamkeepers work to protect and enhance the environmental health of creeks throughout the North Shore. Streamkeepers are active in public education, information sharing, habitat restoration and enhancement, and environmental monitoring.

SEYMOUR SALMONID SOCIETY
The Seymour Salmonid Society runs the Seymour River Fish Hatchery and Education Centre.

VOLUNTEER OPPORTUNITIES
For volunteer opportunities, check the CNV and DNV websites for contact information and range of projects.

North Shore Native Ecology / Fish

The North Shore, positioned between the coastal mountains and the waterfront edge of Burrard Inlet, provides a spectacular setting and a rich and varied natural environment.

FISH BEARING STREAMS
The North Shore is fortunate to have some of the few remaining salmon bearing streams in Metro Vancouver. A number of North Shore creeks support populations of coho, chinook and pink salmon, cutthroat trout, steelhead and Dolly Varden char. Protect our riparian zones by staying out of sensitive creek, ponds, and river areas.

NATIVE PLANTS
Planting native plants not only improves the biodiversity of our communities, but it is water-wise, preserves local heritage and helps maintain the natural character of North Vancouver.

INVASIVE PLANTS
Invasive plants, such as English Ivy, spread rapidly, choking out existing native plants. The main contributor to the spread of invasives is illegal dumping of garden waste, which has contributed to the reduced ecological health of many natural areas. See www.cnv.org for suggested alternate plants.

Park / Trail / Bike Etiquette

TREAD LIGHTLY

- Stay on the trails—wandering or riding off trails causes damage to vegetation and wildlife, and results in erosion.
- Motorized vehicles are not permitted on park trails.
- Unauthorized trail construction or structures is **not** permitted.

PACK IT OUT

- Camping, smoking and open fires are **not** permitted at any time.
- Trash belongs in your pocket, not on the trail.

RESPECT WILDLIFE

- Remember, any park or greenbelt is a wildlife corridor. If you encounter a bear, remain calm and slowly back away. For more information on becoming 'Bear Aware', visit www.dnv.org, or contact the DNV Parks Department.

PARK / TRAIL / BIKE SAFETY AND CONDUCT

- Several North Vancouver parks are in wilderness areas, be prepared and take responsibility for your safety.
- Dress appropriate for the weather, with proper footwear, headgear, food, water, raingear, and a first-aid kit.
- Before you head out, make sure you leave your route and expected return time with a contact.
- Learn the 'Ten Essentials' before heading out to wilderness areas: visit www.northshoreserue.com.

Dogs in Parks

To balance the interests of all park users, as well as the natural environment, it is important for dog owners to adopt an approach to managing their dog that respects both the park environment and other park users:

Know where Dogs are Not Permitted

- Playgrounds, playing fields, beaches, fitness circuits, tennis courts, spray pools, picnic areas, running tracks, golf courses, bowling greens and the North Vancouver Cemetery are off limits for dogs at all times.

Leaving Dog Droppings Just doesn't Cut It

- Bring a litter bag for picking up your dog's droppings.
- Pick up your dog droppings and take home for proper disposal.

Respect the Park, its Plants and Wildlife

- Do not allow your dog to chase any animals, including birds.
- Do not allow your dog to dig holes on beaches or in other areas.
- Keep dogs out of creeks, streams, and ponds.

Tread Lightly on Trails

- Stay on trails to prevent erosion and other soil damage.
- Respect seasonal conditions in parks.

Tips to Protect your Dog's Image:

- Your dog should be licensed, with vaccinations up-to-date.
- Do not let your dog jump up on anyone.
- Keep dogs which are in season away from off leash areas.
- Self-limit the number of dogs being walked to a maximum of three at any given time.
- Do not leave your dog unattended.

For information about obtaining a dog license visit the District or City of North Vancouver websites.

COMMERCIAL DOG WALKERS
Commercial Dog Walkers require a *DNV Parks Commercial Use Permit*. For further information, call (604.990.3800) or check www.dnv.org.

Park Heritage

CARISBROOKE (D5)
One of North Vancouver's oldest parks, Carisbrooke was laid out in 1912-13 by the BC Electric Street Railway Company. A bandstand was built in 1913 with the first band concert held on August 29, 1913.

CATES PARK/WHEY-AH-WICHEN (19)
When visiting the park, you'll want to walk the shoreline trail known as the Malcolm Lowry Trail. Watch for the stone marker, which has been placed along the trail, and imagine the squatter's shack on the beach where Lowry wrote many of his stories. For centuries, the Tsleil-Waututh Nation occupied these lands and are now active in co-managing the park.

CRICKMAY PARK (D6)
Crickmay Park has been home to the North Vancouver Horticultural Hall, Japanese Tea House, Scout Hall and at one time was the terminus of the Lonsdale Streetcar. Today, Crickmay Park has a playground surrounded by lush gardens and mature trees.

EMERALD PARK (D8)
This small park is adjacent to the historic 1904 Hammersley House which represents a fine example of early North Shore residential architecture. Since 2002, Hammersley House has been operated as a bed and breakfast.

MOODYVILLE PARK (E8)
Moodyville, founded by Sewell Prescott Moody, was home to Moody's Mill and the Moodyville townsite. An interpretive trail, complete with signage, tells the fascinating story of the North Shore's first European settler.

VICTORIA PARK (D7)
Victoria Park was created as the first and central component of a system of parks and boulevards promoted as North Vancouver's 'Necklace of Parks'. In 1905, area residents began clearing the forest and by 1910, formal pathways were laid out and lined with European species of trees; over 100 of these original trees remain today. In the eastern half of the park is the Cenotaph and Commemorative Flame.

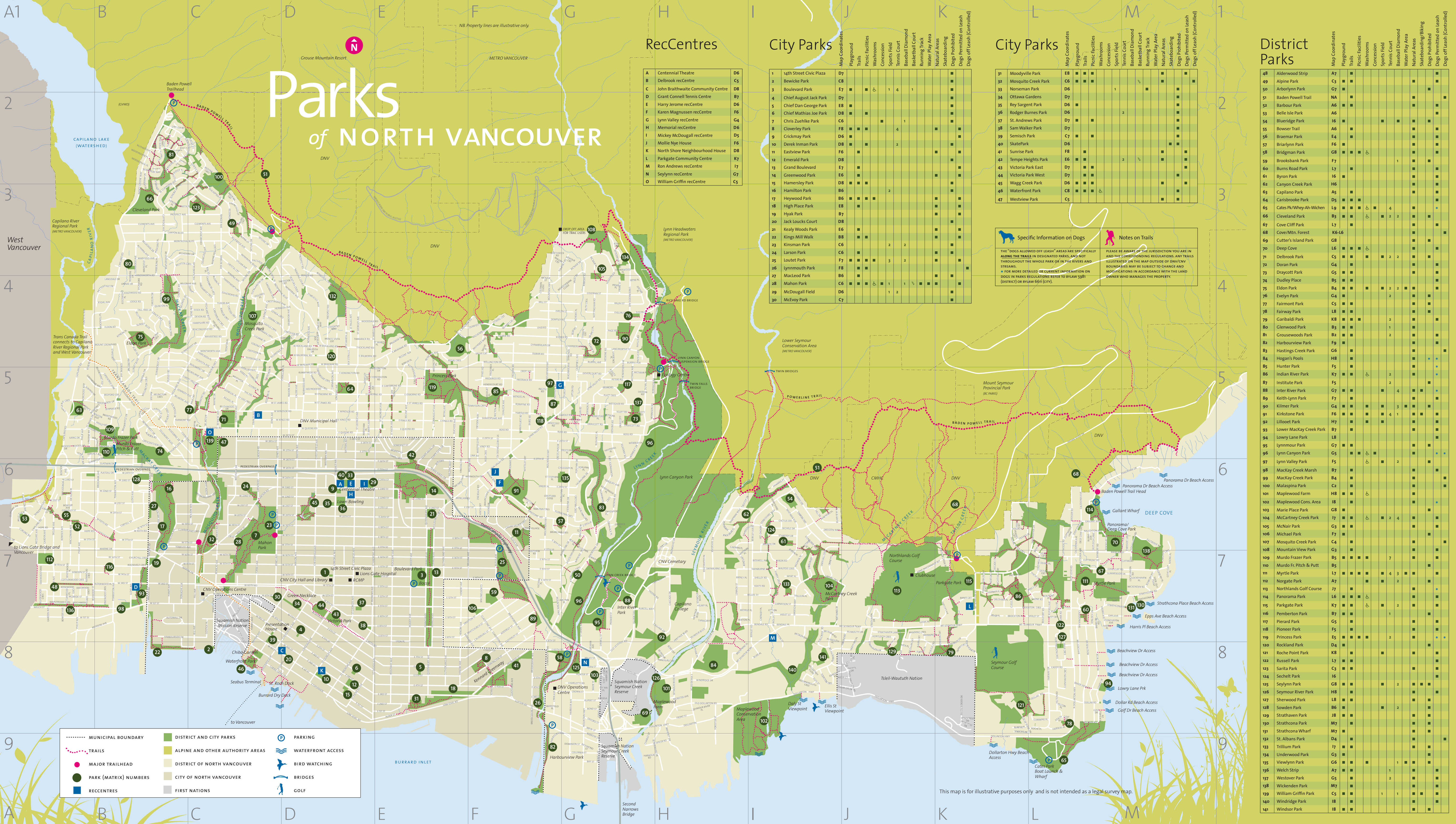
Urban Greenway

GREEN NECKLACE (D7)
There is a 15km multi-use trail along Keith Road from Jones Avenue to St. Andrews, with gentle grades for pedestrians, recreational cyclists and wheeled mobility devices. Watch for spectacular public art pieces along the way.

Special Events

North Vancouver parks provide an ideal setting for a wide range of special community events and festivals organized through the North Vancouver Recreation Commission (604.983.6575). Popular annual events include the Carol Ship Festival, Penguin Plunge, Caribbean Festival and Canada Day Celebrations, as well as competitive events such as the Terry Fox Run and Knee Knacker Race. Weddings, picnic shelters and special trail events can be arranged through the Parks Departments at the District of North Vancouver (604.990.3800) or, for City Parks, through the North Vancouver Recreation Commission (604.983.6575).





Parks of NORTH VANCOUVER

RecCentres

A	Centennial Theatre	D6
B	Delbrook recCentre	C5
C	John Braithwaite Community Centre	D8
D	Grant Connell Tennis Centre	B7
E	Harry Jerome recCentre	D6
F	Karen Magnussen recCentre	F6
G	Lynn Valley recCentre	G4
H	Memorial recCentre	D6
I	Mickey McDougall recCentre	D5
J	Mollie Nye House	F6
K	North Shore Neighbourhood House	D8
L	Parkgate Community Centre	K7
M	Ron Andrews recCentre	I7
N	Seylynn recCentre	G7
O	William Griffin recCentre	C5

City Parks

	Map Coordinates	Playground	Trails	Picnic Facilities	Washrooms	Concession	Sports Field	Tennis Court	Baseball Diamond	Basketball Court	Running Track	Water Play Area	Natural Areas	Starboarder	Dogs Prohibited	Dogs Permitted on Leash	Dogs off Leash (Controlled)
1	14th Street Civic Plaza	D7															
2	Bewicke Park	C8															
3	Boulevard Park	E7					1	4		1							
4	Chief August Jack Park	D7															
5	Chief Dan George Park	E8															
6	Chief Mathias Joe Park	D8															
7	Chris Zuehlke Park	C6							1								
8	Cloverley Park	F8						4									
9	Crickmay Park	D6															
10	Derek Inman Park	D8						2									
11	Eastview Park	F6															
12	Emerald Park	D8															
13	Grand Boulevard	E7															
14	Greenwood Park	E6															
15	Hammersley Park	D8															
16	Hamilton Park	B6						2									
17	Heywood Park	B6															
18	High Place Park	E8															
19	Hyak Park	B7															
20	Jack Loucks Court	D8															
21	Kealy Woods Park	E6															
22	Kings Mill Walk	B8															
23	Kinsman Park	C6					2	2									
24	Larson Park	C6															
25	Loutlet Park	F7					3	2									
26	Lynnmouth Park	F8															
27	Macleod Park	B6															
28	Mahon Park	C6					1	1									
29	McDougall Field	D6					1	2									
30	McEvoy Park	C7															

City Parks

	Map Coordinates	Playground	Trails	Picnic Facilities	Washrooms	Concession	Sports Field	Tennis Court	Baseball Diamond	Basketball Court	Running Track	Water Play Area	Natural Areas	Starboarder	Dogs Prohibited	Dogs Permitted on Leash	Dogs off Leash (Controlled)
31	Moodyville Park	E8															
32	Mosquito Creek Park	C6															
33	Norseman Park	D6					1										
34	Ottawa Gardens	D7															
35	Rey Sargent Park	D6															
36	Rodger Burnes Park	D6						2									
37	St. Andrews Park	D7															
38	Sam Walker Park	D7															
39	Semisch Park	C7															
40	SkatePark	D6															
41	Sunrise Park	F8															
42	Tempe Heights Park	E6					2										
43	Victoria Park East	D7															
44	Victoria Park West	D7															
45	Wagg Creek Park	D6															
46	Waterfront Park	C8															
47	Westview Park	C5															



Specific Information on Dogs
 THE "DOGS ALLOWED ON LEASH" AREAS ARE SPECIFICALLY ALONG THE TRAILS IN DESIGNATED PARKS, AND NOT THROUGHOUT THE WHOLE PARK OR IN THE RIVERS AND STREAMS.
 * FOR MORE DETAILED OR CURRENT INFORMATION ON DOGS IN PARKS REGULATIONS REFER TO BYLAW 5981 (DISTRICT) OR BYLAW 6611 (CITY).



Notes on Trails
 PLEASE BE AWARE OF THE JURISDICTION YOU ARE IN AND THE CORRESPONDING REGULATIONS. ANY TRAILS ILLUSTRATED ON THE MAP OUTSIDE OF DNV/CNV BOUNDARIES MAY BE SUBJECT TO CHANGE AND MODIFICATIONS IN ACCORDANCE WITH THE LAND OWNER WHO MANAGES THE PROPERTY.

..... MUNICIPAL BOUNDARY

● MAJOR TRAILHEAD

● PARK (MATRIX) NUMBERS

■ RECCENTRES

■ DISTRICT AND CITY PARKS

■ ALPINE AND OTHER AUTHORITY AREAS

■ DISTRICT OF NORTH VANCOUVER

■ CITY OF NORTH VANCOUVER

■ FIRST NATIONS

P PARKING

WATERFRONT ACCESS

BIRD WATCHING

BRIDGES

GOLF

This map is for illustrative purposes only and is not intended as a legal survey map.